

Continuing Education Program

FALL 2024



**North
Colonie**
CENTRAL SCHOOLS

Register today at www.NorthColonie.org

North Colonie Central Schools Continuing Education

WELCOME TO NORTH COLONIE CENTRAL SCHOOL DISTRICT'S CONTINUING EDUCATION PROGRAM

The North Colonie Central School District is proud to present the Fall 2024 Continuing Education Program. This program offers a diverse selection of courses that meet the interests and needs of our community. Registration is open to all who are 21 years of age or older. All classes are filled on a "first come, first served" basis, with preference given to district residents. Non-residents will be accepted if space is available. We retain our adult education instructors to teach a course in their area of expertise. In our opinion, all instructors are highly qualified and competent in their field. The instructors are not permitted to use the classroom for personal gain or to solicit clients or customers. Therefore, we are not responsible for any advice or consultation given beyond the classroom setting and course curriculum material.

SENIOR CITIZEN COURTESY CARD

Town of Colonie senior citizens, age 60 or older, may take some of our courses at a published reduced rate. However, senior citizens are responsible for material fees. A Town of Colonie "Senior Citizen Courtesy Card" is required and may be obtained from the Senior Citizen Center. If you are a senior citizen registering online, you will be able to upload a copy.

WHERE AND WHEN ARE CLASSES HELD?

Most Continuing Education courses meet once a week between the hours of 6 - 9 p.m. over a ten week period. Classes may begin Sept. 30 and will follow the North Colonie Central Schools academic calendar. Most classes are held at Shaker High School, 445 Watervliet-Shaker Road Latham, NY 12110. Exceptions are noted in the course description, so please check your course.

NEED DIRECTIONS? Log on to www.northcolonie.org/continuing-education

INCLEMENT WEATHER POLICY

If travel conditions are hazardous, we will postpone classes. When North Colonie Central Schools are closed or after-school activities are canceled due to inclement weather, classes will NOT meet that evening. In the event of inclement weather later in the day, please check with the local television stations or the North Colonie Central School District's website: www.northcolonie.org/continuing-education

COURSE CHANGES AND UPDATES

Course availability and location may be subject to change. For the most recent updates, please visit the online registration portal found at: www.northcolonie.org/continuing-education

ARTS & CRAFTS

ADVANCED KNITTING

Instructor: Anne Sadlemire

This session will offer two projects, Elizabeth Zimmerman's Surprise Jacket and Shadow Knitting. For the Surprise Jacket, participants may download the pattern, purchase one of the Elizabeth's books with the pattern, or borrow from the library. For Shadow Knitting, participants will print out a pattern of their choice. On Ravelry.com, select "pattern," then search for "illusion." Participants may also knit a project of their choice. Prerequisites: cast on, knit, purl, and bind off.

Dates: Tuesday, Oct. 1 - Dec. 3

Time: 6:30 - 8:30 p.m.

Fee: \$55 Senior Fee: \$30

Length: 10 classes

Location: LaFollette Dining Hall

KNITTING: BEGINNER TO ADVANCED BEGINNER

Instructor: Barbara DeFrancesco

Learn how to knit and purl a variety of different stitch patterns while creating a scarf. The sampler scarf pattern will be provided, as well as yarn and needles. A \$15 materials fee will be due at the first class for first time students. Returning students should bring materials to start work on a new or existing project.

Dates: Thursday, Oct. 24 - Dec. 5

Time: 6:30 - 8:30 p.m.

Fee: \$61 Senior Fee: \$35

Length: 6 classes

Location: LaFollette Dining Hall

ENJOY A DAY TRIP!

NEW YORK CITY GETAWAY DAY TRIP

Nothing sparkles like New York City at the holidays! Enjoy a day in fabulous NYC! Experience the excitement, spectacular decorations, and holiday magic! Ample time will be given to catch a show, enjoy the best of shopping, experience great dining, visit world class museums, take a carriage ride in Central Park, or explore the botanical gardens. We provide transportation ONLY through Brown Bus Company on a charter coach. Depart from Shaker High School at 8 a.m. - Arrive at Bryant Park-6th Ave. between W. 40th & 42nd. Depart from NYC at 7 p.m. Bryant Park-6th Ave. between 40th & 42nd and return to Shaker High School. Date: Saturday, Dec. 7 | Fee: \$55

DIY FLORAL DECOR CLASS

Instructor: Diana Cartwright

Join in a fun night of art therapy, with a different floral decor project each night. The class will use various materials, from wood pieces to fairy lights. All materials will be provided as part of the program session fee.

Dates: Wednesday, Oct. 2, 16, 23,

Nov. 6, 13 (No class Oct. 9, 30)

Time: 6 - 8 p.m.

Fee: \$115

Length: 5 classes

Location: C201

BEGINNER CROCHETING

Instructor: Mavis Kirk

Learn some basic crochet techniques, including how to start a chain that will be made into a hat or scarf. Please bring an "H" crochet hook and a skein of yarn in your choice of color.

Date: Thursday, Oct. 3 - Oct. 17

Time: 6:30 - 8 p.m.

Fee: \$45

Length: 3 classes

Location: C201

SEWING MACHINE KNOW HOW

Instructor: Melinda Frazer-Landon

Participants will learn how their machine works, basic maintenance, choosing needle sizes, and other tips. Participants will need to bring their machine manual, needles, thread, and a basic sewing kit (dressmaker scissors/snip scissors, pins, pin cushion, sewing gauge, measuring tape, and seam ripper).

Date: Monday, Oct. 7

Time: 6:30 - 8:30 p.m.

Fee: \$40

Length: 1 class

Location: LaFollette Dining Hall

PAINT AND SNACK TUESDAYS

Instructor: Diana Cartwright

Bring a snack and join in a four-night session of art therapy. Each night the group will do a different themed painting on an 11x14 stretched canvas using acrylic paint and other embellishing materials. All materials will be provided in the class as part of the program session fee.

Dates: Tuesday, Oct. 8, 29, Nov. 12, 26

Time: 6 - 8 p.m.

Fee: \$95

Length: 4 classes

Location: C201

SEWING CIRCLE/DOMESTICS

Instructor: Melinda Frazer-Landon

Trying to carve out time to sew, or want to learn to do basic mending or altering? Here's an opportunity to complete unfinished projects, do repairs, hemming, or learn to make simple items like placemats and curtains. This class will offer time and guidance. Bring a sewing machine, basic sewing kit, and project and join the fun!

Dates: Monday, Nov. 4, 18, 25

Time: 6:30 - 8:30 p.m.

Fee: \$55

Length: 3 classes

Location: LaFollette Dining Hall

BUSINESS & FINANCE

FINANCIAL PLANNING BASICS

Instructor: Jeff Jones

This presentation will look at general financial planning concerns. While there is no such thing as a "one-size-fits-all" financial plan, this overview should assist participants in thinking about their own needs.

Date: Monday, Sept. 30

Time: 6:30 - 8 p.m.

Fee: \$25

Senior Fee: \$20

Length: 1 class

Location: A205

HEALTHCARE AFTER RETIREMENT: PART ONE

Instructor: Michael Stanton

Learn what to expect when it comes to Medicare! Medicare is mandatory for those collecting Social Security and it will likely be the greatest expense in retirement. From Part A to IRMAA, learn the fundamentals of how each section of Medicare works in this hands-on class at making complex information easy-to-understand.

Date: Monday, Oct. 7

Time: 6:30 - 8 p.m.

Fee: \$25

Senior Fee: \$20

Length: 1 class

Location: A205

Register Online Today!

www.northcolonie.org/continuing-education

HEALTHCARE AFTER RETIREMENT: PART TWO

Instructor: Michael Stanton

An educational course designed to help understand the differences between advantage, supplemental, and prescription drug plans. Students must attend Retirement After Healthcare: Part One prior to attending this class.

Date: Monday, Oct. 21

Time: 6:30 - 8 p.m.

Fee: \$25

Senior Fee: \$20

Length: 1 class

Location: A205

TAKING THE MYSTERY OUT OF PERSONAL ESTATE PLANNING

Instructor: Richard A Fuerst, Esq

Take the mystery out of wills, health care proxies, powers of attorney, and trusts. This class will explain these important estate planning strategies in simple, non-legal terms. The session will also discuss, based on the latest legal and government changes, nursing home and Medicare considerations, as well as avenues open in order to reduce wealth transfer taxation.

Date: Wednesday, Oct. 16

Time: 6:30 - 8:30 p.m.

Fee: \$25

Length: 1 class

Location: B203

MAXIMIZE YOUR SOCIAL SECURITY BENEFIT

Instructor: Frank Finch

This hands-on workshop will teach strategies on how to get the most money from Social Security and other retirement sources. Learn how to plan for and minimize taxes and other costs during retirement, as well as how to wisely grow and protect retirement income. This session will cover key Social Security choices, such as individual and spousal choices, when to take the benefit, and simple steps to maximize money.

Date: Tuesday, Oct. 29

Time: 6 - 7:15 p.m.

Fee: \$25

Senior Fee: \$20

Length: 1 class

Location: A205

NAVIGATING THE WORLD OF RETIREMENT STRATEGIES

Instructor: Frank Finch

This class is designed to help participants to understand strategies that can benefit them and others that may hurt them. The class will cover: fighting risk with low-cost, customized investment portfolios for growth and income; wisely managing your 401(k)/IRAs with strategic withdrawals; meeting needs and goals with annuities; cash value life insurance; and long term care insurance policies.

Date: Tuesday, Oct. 29

Time: 7:30 - 8:45 p.m.

Fee: \$25

Senior Fee: \$20

Length: 1 class

Location: A205

UNDERSTANDING STOCKS, BONDS AND MUTUAL FUNDS

Instructor: Nicholas Stark

This class will teach the basics of stocks, bonds, and mutual funds, the true backbone of most portfolios. The class will review the differences and similarities of various types of investments. It will also show how property asset allocation will lower overall risk and the benefits of mutual funds to build a balanced portfolio to plan for a successful retirement. There will be no promotion of any specific investments.

Date: Tuesday, Nov. 19

Time: 6:30 - 8 p.m.

Fee: \$25

Senior Fee: \$20

Length: 1 class

Location: A205

GENERAL INTEREST

BEST YEARS AHEAD

Instructor: Susan LaRosa

Join an eight-week session of activities, content, and group discussions to promote well-being, self-awareness and flexibility in the areas of decision making, managing stress, budgeting, communication, the digital age, embracing change, life vision, and more! There will be a new topic each week.

Dates: Thursday, Oct. 3 - Nov. 21

Time: 6:30 - 8 p.m.

Fee: \$55

Senior Fee: \$50

Length: 8 classes

Location: B209

HEALTH LITERACY

Instructor: Carissa Seror, RN, BSN, CRC

This course will help attendees to have meaningful conversations with their health care providers. The class will cover: structure of the health care team, basics of diabetes and hypertension (high blood pressure) diagnosis and management, and important considerations for scheduling a surgery. Information in these classes should not, and is not intended to, serve as medical advice or to replace attendees' personal judgment or the judgment of their health care team.

Dates: Monday, Oct. 7, 21, Nov. 4, 18

Time: 6:30 - 7:30 p.m.

Fee: \$65

Senior Fee: \$35

Length: 4 classes

Location: B209

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www.northcolonie.org/continuing-education

BOAT AMERICA: WATERCRAFT LICENSING*

Instructor: Thomas Venezia
 United States Coast Guard Auxiliary Boat America is an eight-hour, NASBLA approved boating safety course. It is approved by New York State to meet the Boating and the Personal Watercraft licensing requirement. Many insurance companies offer discounts on boat insurance for successful completion of this course. This course is offered by the U.S. Coast Guard Auxiliary. Students must attend all four classes. *Open to ages 16+. Dates: Tuesday, Oct. 8 - Oct. 29
 Time: 7 - 9 p.m.
 Fee: \$30 Senior Fee: \$20
 Length: 4 classes Location: B209

ARTIFICIAL INTELLIGENCE (AI) UNVEILED: YOUR GUIDE TO TOMORROW

Instructor: Sachin Kapale
 Discover the world of AI and its impact on everyday life in this engaging course designed for non-IT. Interactive sessions will cover what AI is, where it's applied today, and its potential benefits and challenges. Learn how AI influences healthcare, transportation, entertainment, and gain insights into how to navigate this evolving technology. Dates: Wednesday, Oct. 9, 16, 23
 Time: 6:30 - 7:30 p.m.
 Fee: \$65 Senior Fee: \$45
 Length: 3 classes Location: B204

LEARN TO LIST ON EBAY, IN ONE EVENING

Instructor: Janet Young
 Learn how to sell on eBay! Students must bring with them a device that connects to the internet with the eBay app downloaded onto that device. Bring an item to list, along with a box/ envelope (less than 12") and packing material. Date: Thursday, Oct. 10
 Time: 6 - 8 p.m. Fee: \$45
 Length: 1 class Location: B203

BIRDING YOUR BACKYARD: ATTRACTING, FEEDING, AND IDENTIFYING BIRDS

Instructor: Scott Stoner
 Birds add color and beauty to our yards. This class will cover how best to attract birds to our backyards, by discussing types of feed and feeders, and how water and shelter, including plants, are important factors. Learn how to identify common and less common birds, and how to address issues such as squirrels, hawks, and birds hitting windows. Bring your questions! Date: Tuesday, Oct. 15
 Time: 6:30 - 8:30 p.m.
 Fee: \$35 Senior Fee: \$30
 Length: 1 class Location: A205

PLANNING A TRIP TO DISNEY IN 10 STEPS

Instructor: Colleen Parisi
 Plan a trip to Disney in 10 easy steps with a Disney travel agent and in park planner. Learn how to use the ever changing tools and apps that Disney provides, plus extra tips and tricks. Date: Thursday, Oct. 24
 Time: 6:30 - 8 p.m.
 Fee: \$30 Senior Fee: \$25
 Length: 1 class Location: A205

HUDSON: THE STORY OF A RIVER

Instructor: Scott Stoner
 New York's iconic Hudson River changes dramatically on its journey 315 miles from the Adirondacks to New York Harbor. The Capital Region is roughly at its midpoint, but how well do we know this mighty river and its role in our history? This single night class highlights the Hudson's development from a tiny, shallow, rocky stream, to a raging freshwater river, to a tidal estuary below Troy. Join us for this special look at "The River that Flows Both Ways." Date: Tuesday, Oct. 22
 Time: 6:30 - 8 p.m.
 Fee: \$27 Senior Fee: \$22
 Length: 1 class Location: A205

HOME REPAIR CARPENTRY

Instructor: Salvador Morley
 Participants will learn to do simple repairs around their homes, such as adjusting interior and exterior doors, installing an interior door, a screen door, locks and deadbolts, a new rubber seal on the bottom of an exterior door, and repairing a screen. The class will also review adjusting kitchen cabinet doors and how to make them self-closing. Questions and/or topics welcome as time permits. Date: Monday, Oct. 21
 Time: 6:30 - 8:30 p.m. Fee: \$30
 Length: 1 class Location: C112

DEFENSIVE DRIVING COURSE FOR POINT AND INSURANCE REDUCTION*

Instructor: NYS Safety & Health Council
 Take the New York State DMV defensive driving course - in-person! The instructor will take participants through the steps to avoid the six deadly driving behaviors, avoid aggressive drivers, curb your behavior so you can relax and get where you are going, and save up to 10% on your liability insurance. *Open to ages 16+. Date: Saturday, Nov. 2
 Time: 9 a.m. - 3 p.m. Fee: \$40
 Length: 1 class Location: A140

BETTER CHOICES FOR SAFETY AND HEALTH

Instructor: NYS Safety & Health Council
 Join us as we learn how our instincts affect the choices we make and the way it shapes our lives. Classes will cover safety and health topics such as illness, injury, aggression, fun, excitement, power, freedom, love, and bonding. Dates: Wednesday, Oct. 9 & 16
 Time: 6 - 9 p.m. Fee: \$80
 Length: 2 classes Location: A140

North Colonie Central Schools Continuing Education

INTERVIEWING SKILLS**

Instructor: Eileen Franko

This class is designed for people who are interviewing for the first time, as well as those who are in the workforce and interviewing for other opportunities. This class will help develop and/or improve interview skills, while gaining the confidence to help land that job! All materials will be provided in class.

**Open to ages 18+.

Dates: Thursday, Oct. 10 & 17

Time: 7 - 9 p.m.

Fee: \$50

Length: 2 classes

Location: B201

DIY BASIC HOME ELECTRIC AND PLUMBING

Instructor: Salvador Morley

Learn how to install GFI outlets, single and three-way switches, thermostats, light fixtures, and change a light fixture to a fan light fixture. In the plumbing segment, learn to repair or replace a shut off with push on connectors, deal with clogged drains and leaks, and repair supply pipes with PEX and PVC.

Date: Tuesday, Nov. 19

Time: 6:30 - 8:30 p.m.

Fee: \$30

Length: 1 class

Location: C112

BASIC I MANDARIN CHINESE

Instructor: Maria Chou

Quickly learn Chinese conversation in this fun, easy to understand class. The class will cover basic sounds, words, and phrases, using tools and visual aids with focus on conversation. This course allows participants to work hands-on, in-person with a teacher. First time students will need to purchase a workbook.

Dates: Thursday, Oct. 3 - Nov. 21

Time: 6:30 - 8 p.m.

Fee: \$65

Senior Fee: \$40

Length: 8 classes

Location: B204

ADVANCED MANDARIN CHINESE

Instructor: Maria Chou

Designed for students who have prior experience learning Chinese, this class will use daily activities such as banking, shopping, and other daily life situations to expand on previous knowledge. This course allows participants to work hands-on, in-person with a teacher. Workbooks will be available to purchase at the first class.

Dates: Tuesday, Oct. 1 - Nov. 19

Time: 6 - 7:30 p.m.

Fee: \$80

Senior Fee: \$55

Length: 8 classes

Location: B204

DANCE

BALLROOM DANCE BASICS

Instructor: Rita Russell

This seven-week class is for beginners or those who want a refresher. Students will become familiar with the basic steps and principles of lead and follow, frame, and the character and music for Waltz, Tango, and Foxtrot. Singles or couples are welcome. Partner sharing is encouraged, but not required.

Dates: Wednesday, Oct. 2 - Nov. 13

Time: 7 - 7:45 p.m.

Fee: \$60

Senior Fee: \$55

Length: 7 classes

Location: Latham Ridge Gym

BEGINNING LATIN DANCE

Instructor: Rita Russell

This seven-week class is for beginners or those who want a refresher. Learn the basic steps and principles of lead and follow, frame, and the character and music for Rumba, Cha Cha, Salsa, and Merengue. Singles or couples are welcome. Partner sharing is encouraged, but not required.

Dates: Wednesday, Oct. 2 - Nov. 13

Time: 8 - 8:45 p.m.

Fee: \$60

Senior Fee: \$55

Length: 7 classes

Location: Latham Ridge Gym

SWIMMING & EXERCISE

KICK FIT

Instructor: Eileen Franko

Kick fit is an aerobic exercise class designed for any level of exercise, high or low impact. This class will include toning and strength training, along with a cool down and stretching. Modifications will be available for all moves. All equipment (mats and weights) provided.

Dates: Monday, Sept. 30 - Dec. 9

Time: 5:30 - 6:30 p.m.

Fee: \$50

Length: 10 classes

Location: Shaker Road Loudonville Fire Department

TOTAL BODY TONING

Instructor: Eileen Franko

This class is designed with the overall body in mind, helping to tone the body, reduce bone density loss, and increase your strength and balance. All equipment provided (mats, weights, bands, etc.). This is an excellent class for anyone looking to get back into exercise.

Dates: Monday, Sept. 30 - Dec. 9

Time: 6:30 - 7:30 p.m.

Fee: \$50

Length: 10 classes

Location: Shaker Road Loudonville Fire Department

EARLY BIRD SWIM

Start your day with an early morning swim! This course is open to students who know how to swim and would like to practice or exercise. A water safety instructor will be on duty, but the course does not include swimming instruction. Water temperature will be approximately 79-81°F.

Dates: Tuesdays & Thursdays, Oct. 1 - Dec. 12

Time: 6:15 - 7 a.m.

Fee: \$110

Senior Fee: \$90

Length: 20 classes

Location: SHS Pool

YOGA WITH AMANDA

Instructor: Amanda Jeffes

Relax and decompress with guided exercises meant to calm the mind and bring balance to the body, with an all-level class focusing on fundamentals and proper alignment. Engage body, mind, and spirit through movement, breath-work, and guided meditation. Wear comfortable clothes and be prepared to breathe, relax, and sweat a little. Please bring a mat and water.
 Dates: Wednesday, Oct. 2 - Dec. 11
 Time: 7 - 8 p.m. Fee: \$105
 Length: 10 classes
 Location: Boght Hills Elementary Gym

YOGA FLOW SCULPT

Instructor: Mary Jude Maxwell

Participants will learn to take their yoga practice up a notch by adding light weights to help maintain/increase bone density and muscle burn. Some familiarity with basic yoga poses is preferred, but not required. Wear comfortable clothing that won't restrict movement and be prepared to strengthen and stretch. Please bring a yoga mat, a set of 2-3 lb. hand weights, and water.
 Dates: Monday, Sept. 30 - Dec. 2
 Time: 6:30 - 7:30 p.m. Fee: \$110
 Length: 8 classes
 Location: Forts Ferry Elementary Gym

CARDIO SPLASH

Instructor: Marcia Partlow

This water aerobics class will be a fresh alternative to land aerobics with minimal impact to the joints, offering cardio and muscular gains. The ability to swim is not required. Water weights are recommended.
 Dates: Tuesday, Oct. 1 - Dec. 3
 Time: 7 - 8 p.m.
 Fee: \$55 Senior Fee: \$45
 Length: 10 classes Location: SHS Pool

FRIDAY NIGHT OPEN SWIM

Start the weekend with a relaxing late night swim! This course is open to students who know how to swim and would like to practice or exercise. A water safety instructor will be on duty, but the course does not include swimming instruction. Water temperature will be approximately 79-81°F.
 Dates: Friday, Oct. 11 - Dec. 13
 (No class 10/18)
 Time: 7 - 8 p.m.
 Fee: \$55 Senior Fee: \$45
 Length: 8 classes Location: SHS Pool

AEROBICS AND TONING CLASS

Instructor: Eileen Franko

A class with everything: 20 minutes of cardio, 20 minutes of toning, and 20 minutes of butts and guts! This total body workout for cardiovascular benefits allows for strengthening and toning of muscles. Modifications provided for all cardio moves and exercises. All equipment provided (mats, weights, bands, etc.).
 Dates: Wednesday, Oct. 2 - Dec. 11
 Time: 5:30 - 6:30 p.m. Fee: \$50
 Length: 10 classes
 Location: Shaker Road Loudonville Fire Department

ZUMBA

Instructor: Regina Garratt

Ditch the workout, join the party! Zumba is a latin-inspired dance fitness total body workout, incorporating Latin and international dance rhythms of merengue, salsa, cumbia, reggaeton, and more. No dance experience needed, and the class is suitable for adults of all ages and fitness levels. Once the music starts, participants will forget they're even working out in this class that is "exercise in disguise!"
 Dates: Wednesday, Oct. 2 - Dec. 11
 Time: 7 - 8 p.m. Fee: \$57
 Length: 10 classes
 Location: Southgate Cafeteria

AQUA ZUMBA

Instructor: Penny Hatch

Aqua Zumba® blends the Zumba philosophy with water resistance, for one pool party you shouldn't miss! There is less impact on your joints during an Aqua Zumba class, as water creates natural resistance, making every step more challenging and helping to tone your muscles.
 Dates: Thursday, Oct. 3 - Dec. 19
 (No class Oct. 31)
 Time: 7 - 8 p.m. Fee: \$65
 Length: 10 classes Location: SHS Pool

TOTAL BODY EXERCISE

Instructor: Judy Mnich

This workout touches on all body parts. Start out with standing exercises, some cardio, then move to a floor workout. Participants should wear comfortable clothing and supportive sneakers. A mat and water bottle are a must!
 Dates: Tuesday, Oct. 1 - Dec. 3
 (No class Oct. 22, 29)
 Time: 6:15 - 7:15 p.m.
 Fee: \$40 Senior Fee: \$30
 Length: 8 classes
 Location: Boght Hills Elementary Gym

IMPORTANT INFORMATION REGARDING AQUATICS

- Water temperature will be maintained between 79–81°F.
- EZ access steps will be available.
- All swimmers must shower before entering the pool.
- No band-aids or bobby pins please.

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North Colonie CENTRAL SCHOOL DISTRICT

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FALL 2024

NORTH COLONIE CONTINUING EDUCATION

New York City Getaway Day Trip

Saturday, Dec. 7
Learn more on page 3.

FALL 2024 Continuing Education Program - Registration Information

ONLINE REGISTRATION

Online Registration & Payment Available

Visit: www.northcolonie.org/continuing-education

ADDITIONAL INFORMATION

General Questions? Email continuinged@nccsk12.org or
Call 518-785-5511 x3128

Registration Questions? Email: continuinged+registration@nccsk12.org

Updates & More: Course availability and location may be
subject to change. For the most recent updates, please visit
the online registration portal found at:
www.northcolonie.org/continuing-education

